

QE Hospital Gateshead

Congratulations on your pregnancy!

Please complete the initial midwife referral form attached and hand it back to the reception staff, but **please keep this letter for your information.**

One of us will contact you as soon as we pick up your form to arrange your first appointment, which is usually between 8 – 10 weeks of pregnancy (please note this may be from a no caller ID)

We will arrange this appointment to visit you at home to complete your booking; the appointment takes approximately 1 hour. If visiting you at home is not convenient then an alternative can be arranged.

It is advisable that you take folic acid 400 micrograms everyday up until 12 weeks of pregnancy confirmed by your dating ultrasound. It is also advisable that for your whole pregnancy you take daily vitamin D supplements of 10 micrograms.

For advice on foods to avoid in pregnancy please look at <https://www.nhs.uk/pregnancy/keeping-well/foods-to-avoid/>

We also have a Facebook page, Gateshead Health Maternity.

We are based at Tyne View Childrens Centre in Gateshead. If you need to contact us, we are available 8:30 am – 16:30 pm Monday to Friday 0191 4455306. A message can be left if we are not around.

Community Midwives.

Midwife Referral Form

This information is required to initiate Ante-Natal care with a hospital provider. Please complete all fields as accurately as possible and hand back into reception before leaving the surgery. Thank you.

Surname	
Forename	
Title	
Previous Surname (if applicable)	
NHS Number	
Date of Birth	
Phone number(s)	
Can a message be left on the number(s) provided?	Yes No
Email Address	

Current Address	
	Postcode

Next of Kin	
Address	Same as above? Yes No
Phone number(s)	
Relationship	

Ethnic Group	
Marital Status	
Religion	
In the UK 12 months?	

GP Practice	

Frist day of last period	
Height	
Weight	

Date Completed	
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For Office/Midwife Use only	
Date and time of appointment	
Location of appointment	
Name of Midwife completing appointment	
Date received	